Banana and Passionfruit Frozen Yoghurt

Season: All year  
Type: Healthy Snack  
Difficulty: Easy  
Serves: 15 taste  
Recipe source: Healthy Kids Association

Equipment:  
Chopping board  
Knife  
Bowls  
Masher or fork  
Plastic cups  
Paddlepop sticks

Ingredients:  
1kg low fat vanilla yoghurt  
180 grams bananas  
2 passionfruit  
15 plastic cups  
15 paddlepop sticks

What to do:

- Mash Banana  
- Cut passionfruit in half, scoop out pulp and mix into banana  
- Add yoghurt and stir until well combined  
- Spoon into cups and add wooden stick  
- Place on a tray and freeze overnight